

VOLUME 2 ISSUE NO.1 JAN - JUNE 2025

AN INHOUSE BI-ANNUAL NEWSLETTER OF KIMS

Kanachur Institutions Celebrate Grand Graduation Day with 226 Healthcare Graduates



The morning of 3rd May 2025 marked a proud milestone for Kanachur Group of Institutions, one of Karnataka's most reputed healthcare education providers. A total of **226 students** from the **Kanachur College of Physiotherapy**, **Kanachur Institute of Allied Health Sciences**, and **Kanachur College of Nursing Sciences** received their graduation scrolls in the presence of their proud families, teachers, and mentors at the Kanachur Auditorium.

The event began with a ceremonial procession, led by 63 graduates from Physiotherapy, followed by 71 graduates from Allied Health Sciences, and 92 from Nursing. The red carpet welcome saw the graduates walk with pride, symbolizing their years of hard work, perseverance, and academic excellence.

The inauguration ceremony was graced by **Shri Luthfulla Khan Atheeq, IAS**, Additional Chief Secretary to the Chief Minister of Karnataka, who officially opened the program by watering a plant-symbolizing the nurturing of knowledge and the growth of new beginnings.

Dr. Molly Saldanha, Principal of the College of Nursing Sciences, led the oath-taking ceremony, joined by all graduates as they pledged their commitment to ethical healthcare service. The audience was further uplifted by the convocation addresses and award ceremonies.

Dr. Athulya P K (MPT Cardiovascular & Pulmonary Sciences) and **Dr. Ashmita Shrestha** (BPT) were celebrated as **RGUHS Gold Medalists**. Dr. Athulya was also conferred the prestigious **Dr. Kanachur Monu Gold Medal Award** in the presence of her proud parents, while Dr. Ashmita's award was received on her behalf by **Dr. Mohammed Suhail**, Dean, Kanachur College of Physiotherapy and Istitute of Alied Health Sciences.

The event also honored a number of Rajiv Gandhi University of Health Sciences (RGUHS) Rank Holders, including:

- Dr. Jishna M M, Dr. Aleena George, Dr. Amina S, Dr. Faisal Majeed, Dr. Shifani, Dr. Mariya Shahjahan, Dr. Ayesha Ismath, Dr. Shuhail, Dr. Bhiskar Priyal Anil from Masters of Physiotherapy program & Dr. Aarju Shah, Dr. Krithik A, Dr. Afeefa P B from Bachelors of Physiotherapy program.
- Ms. Shizana M(B.Sc RDT), Bandana Kunwor(B.Sc MLT), Ms. Kubra (B.Sc MIT), Ms. Aneesunnisa (B.Sc MIT), Mr. Jabin Shad (B.Sc Optometry) and Ms. Numiya (B.Sc Optometry) from Allied Health Sciences.
- Ms. Dona Tomy, Ms. Sandra Shibu, Ms. Ciya Mary Sunny, Ms. Elda Nixon, Ms. Dona Philip, and Ms.

Shana Sara Joseph from Nursing Sciences.

Institutional toppers and best outgoing students were also felicitated:

- **Dr. Arya Rajendran** (BPT) and **Dr. Athulya P K** (MPT) from Physiotherapy.
- Ms. Sahala, Ms. Ardra M V, Mr. Jailani Imaad, and Ms. Ayshath Mufeeda from Allied Health Sciences.
- Ms. Ciya Mary Sunny from the College of Nursing.

In a moving Valedictorian Address, Mr. Jailani Imaad (ATOT) shared reflections on the shared journey, academic struggles, and triumphs of the graduating batch. He extended heartfelt thanks to the faculty, families, and mentors who shaped their success.

The Chief Guest, **Shri L K Atheeq**, in his Convocation address speech, emphasized the values of dedication, humility, and nation-building. Drawing from his rich experience in public administration, he urged the young healthcare professionals to lead with integrity and make meaningful contributions to society.

Dr. Shameema, Principal of Kanachur Institute of Allied Health Sciences, conveyed a heartfelt message from Prof. Dr. U T Iftikhar Ali, Chairman of the Karnataka State Allied & Healthcare Council, who congratulated the graduates and extended his best wishes, while reaffirming his continued support to Kanachur Institutions.

The ceremony concluded with a formal **Vote of Thanks** delivered by Ms. Prathiksha Shetty, acknowledging the efforts of the management, faculty, organizing committee, and support staff. The **National Anthem** was rendered with pride, followed by a community lunch arranged for all attendees.

With great pride and heartfelt emotion, the Kanachur Group of Institutions sent forth a new wave of graduates-trained, committed, and ready to serve the world with skill and compassion.

27th Annual Convocation

RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES on 6th May 2025 at NIHMANS CONVENTION CENTRE BANGALORE

Kanachur College of Physiotherapy receiving FOUR GOLD MEDAL TODAY



Master of Physiotherapy

Dr. Athulya PK, MPT

Post Graduate University Over All Topper: Receiving **SRIATHIMMIAH GOLD MEDAL**

Bachelor of Physiotherapy

Dr Asmita Shrestha

Over All Topper (1st year - 4th Year)

Receiving **DR CHIKKANANJAPPA GOLD MEDAL**Receiving **RGUHS INSTITUTED GOLD MEDAL** for First
Year BPT Highest Mark

Dr Aarju Shah, PT

Receiving **RGUHS INSTITUTED GOLD MEDAL** for Highest Marks in Final Year



Dr. Athulya PK
Master of Physiotherapy
Over All Topper awarded by
DR KANACHUR MONU GOLD
MEDAL at Graduation
Ceremony on 3rd May 2025

Graduation Day Ceremony 2025 Kanachur Institute of Medical Sciences: A Report



Graduation Day 2025 for the undergraduates and postgraduates of Kanachur Institute of Medical Sciences was held on 24.05.2025 with elegance and pride, marking a significant milestone for the 4th batch of MBBS (batch of 2019) and the first batch of postgraduates (batch of 2021). The celebration began with a grand academic procession led by student flag bearers, followed by postgraduates, MBBS graduates, senior faculty, and dignitaries.

Hosts Mrs. Preeval Shreya Crasta and Mrs. Nishitha Salins warmly welcomed the gathering, followed by an invocation and the symbolic watering of a plant, representing growth, renewal, and lifelong learning. The oath-taking ceremony, administered by Dean Dr. Shanavaz Manipady, formally inducted the graduates into the medical profession.

Degrees were conferred upon 129 MBBS graduates and 26 postgraduates, marking the successful completion of their academic journey and their readiness to embark on careers in medicine and healthcare.

The event was graced by esteemed dignitaries, including: Chief Guest: Dr. Bhagavan B.C., Hon'ble Vice Chancellor of Rajiv Gandhi University of Health Sciences, Guest of Honour: Dr. U.T. Ifthikar Fareed, Chairman of the Karnataka State Allied and Healthcare Council, Dr. Haji U.K. Monu, Hon'ble Chairman, Kanachur Education Trust, Mrs. Zohara Monu, First Lady of the Trust, Mr. Abdul Rahiman, Director and Trustee, Dr. Mohammed Ismail Hejamady, Chairman, Kanachur Health Sciences Advisory Council, Dr. M. Venkatraya Prabhu, Member, Kanachur Health Sciences Advisory Council, Dr. Shahnavaz Manipady, Dean, Dr. Harish Shetty, Medical Superintendent, Dr.

Anjan Kumar, Deputy Medical Superintendent, Dr. Rohan Monis, Chief Administrative Medical Officer.

Outstanding academic achievers were honoured during the ceremony. Dr. B.R. Chethan Kumar, who secured first rank in MS Orthopaedics from Rajiv Gandhi University of Health Sciences, was felicitated. Dr. Ayman Faiza Fathima, who achieved 9th overall rank in MBBS, was awarded the prestigious Dr. Kanachur Monu Gold Medal Award for academic excellence.

The valedictory addresses delivered by Dr. Chethan Kumar and Dr. Ayman Faiza Fathima were heartfelt and inspiring, filled with reflections on their academic journey, challenges overcome, and gratitude to faculty, parents, and peers.

The glorious ceremony was witnessed by proud parents, faculty members, staff, and well-wishers, making the event truly memorable. Dr. Bhagavan B.C. and Dr. U.T. Ifthikar Fareed, in their addresses, advised the graduates to uphold the highest standards of ethics, compassion, and service in their professional lives, reminding them of the noble responsibilities that lie ahead.

The event concluded with the presentation of mementoes to the dignitaries, followed by a presidential address by Dr. Haji U.K. Monu, expressing pride in the institution's progress and congratulating the graduates. A vote of thanks was delivered by Dean, Dr. Shahnavaz Manipady, expressing gratitude to everyone who contributed to the success of the event. The ceremony ended on a patriotic note with the National Anthem, after which a grand lunch was served to all attendees, bringing this day of joy, pride, and celebration to a close.

CONF DROZ

Dr. Ayman Faiza Fatima-she has secured the overall 9th rank in MBBS and 4th rank in Paediatrics across all medical colleges affiliated to RGUHS in the state of Karnataka & was awarded the prestigious Dr Kanachur monu Gold medal award at the Graduation Ceremony on 24.05.2025



Dr. B.R. Chethan Kumar, from the very first Postgraduate batch of Kanachur Institute of Medical Sciences, who has achieved a truly outstanding distinction-securing the First Rank and being awarded the Gold Medal in M.S. Orthopaedics by the esteemed Rajiv Gandhi University of Health Sciences

Kanachur Institute of Allied Health Sciences Wins Intercollegiate Optometry Quiz



In honor of **World Optometry Week**, the Department of Ophthalmology at Father Muller Allied Health Sciences hosted an **Intercollegiate Optometry Quiz** on March 21, 2025. The quiz attracted Optometry students from Mangalore and nearby regions, offering a platform for students to showcase their expertise in optometry and ophthalmology.

Nafeesa Rifana (3rd-year BSc Optometry) and Shifa Taj (Intern, BSc Optometry) from Kanachur Institute of Allied Health Sciences emerged as the winners, securing 1st place and bringing pride to our institution.

This victory underscores the high standard of education at Kanachur Institute and highlights the importance of optometry in eye care.

Workshop on "Learning Abilities & Mental Health Among Youth"



held on January 9, 2025, at Mangalore University, organized by the Political Science Association and Department of Education in association with KIMS Psychiatry. Dr. Raju Mogaveera, Registrar, was the chief guest, and Dr. Jayanth Kumar K conducted the session with activity-based learning by Miss Navya and her team. Students from political science, education, journalism, and research scholars actively participated, and the program concluded with remarks by Dr. Rohan Monis, CAMO, KIMS.

WORLD TUBERCULOSIS DAY QUIZ, 2025 Theme: Yes! We Can End TB: Commit, Invest, Deliver



The Department of Community Medicine at Kanachur Institute of Medical Sciences organized a quiz competition on tuberculosis in observance of World Tuberculosis Day 2025. The preliminary round, held on March 13, 2025, saw enthusiastic participation from 27 teams, each consisting of two members. The final round, featuring six teams, took place on March 15, 2025, conducted meticulously by Dr. Shabanaz, Assistant Professor, and Dr. Fathma, Senior Resident. The students displayed great enthusiasm and competitiveness, making the event both engaging and educational. The winners were honored with prizes

and certificates during a ceremony on March 24, 2025, presided over by Dr. Shahnavaz Manipady, Dean of KIMS, and Dr. Shahul Hameed, Head of the Department of Community Medicine. Additionally, the first and second prize-winning teams proudly represented Kanachur Institute of Medical Sciences at the Intercollegiate Quiz Competition hosted by Yenepoya Medical College, Mangalore, on March 25, 2025. This initiative helped raise awareness about tuberculosis while encouraging active participation and learning.

11th International Yoga Day Celebration



Kanachur Ayurveda Medical College and Hospital, Natekal, Deralakatte, Mangalore, celebrated the 11th International Yoga Day on 21st June 2025 at the Kanachur Ayurveda Hospital Auditorium. The theme for this year's celebration was "Yoga for One Earth, One Health."

The programme commenced at 10:00 am with the State Song, followed by an invocation. Dr. Vidhyaprabha R, Principal, KAMCH, delivered the Welcome Address and officially opened the event. This was followed by the ceremonial lighting of the lamp.Mr. Abdul Rahiman, Director, Kanachur Islamic Education Trust, and Dr. Suresh Negalaguli, Medical Advisor, KAMCH, addressed the gathering, highlighting the significance of Yoga for holistic health and well-being.

The Chief Guest, Yogacharya Shri V.L. Rego delivered an inspiring speech on the importance of integrating Yoga into daily life for better physical, mental, and spiritual health. The event was presided over by Dr. Haji U.K. Monu, Chairman, Kanachur Islamic Education Trust, who delivered the presidential address. A special yoga demonstration was conducted by Mrs. Ramya, Yoga Instructor, KAMCH, which was well-received by the attendees and provided practical insights into simple Yoga techniques. The Vote of Thanks was delivered by Dr. Karthikeya Prasad, Medical Superintendent, KAMCH. The programme concluded with the National Anthem. The celebration successfully highlighted the relevance of Yoga in maintaining harmony between individual health and the health of the planet, aligning with this year's theme.

Brief report of Guest Lecture "SEMEN PREPARATION TECHNIQUES AND WORKSHOP-HANDS ON IUI"





The Department of Obstetrics and Gynaecology organised a guest lecture on "Infertility" on 21st February 2025 Moderated by Dr.Rekhalatha Professor & HOD Department of Obstetrics and Gynaecology. This guest lecture was held to create awareness about semen analysis and IUI (intra uterine insemination), the programme began with an introductory speech by Dr. Shruthi, Assistant Professor, Department of OBG. The guest lecture was delivered by Dr.Shaveez Faizi NOVA infertility centre on "SEMEN PREPARATION TECHNIQUES AND WORKSHOP -HANDS ON IUI". The essential of semen quality was addressed along with its significance of evaluating male fertility. The importance of semen analysis assessing fertility potentials, identifying issues and in guiding treatment

options was elaborated.

The various sample collection procedure, processing techniques ,repeat testing ,the various abnormal findings of semen analysis, factors influencing semen quality and advancement of semen analysis and male fertility was briefed. Following the semen analysis talk, IUI demonstration was done by Ms. Soniya and her team and hands on workshop was conducted.

Vote of thanks was delivered by Dr. Idhalya, Senior Resident Department of OBG. The talk was appreciated by audience which consisted of staff of various departments, post graduates and under graduates of Kanachur Institute of Medical Sciences

Health Camp for Employees of Panchayath's of Dakshina Kannada on 08.04.2025



A health camp was conducted on 8th April,2025, for employee and office bearers of Gram Panchayath, Taluk and Zilla Panchayath of Dakshina Kannada at Dakshina Kannada Zilla Panchayath premises where seven medical college took part and provided specialist health screening services and blood examination. Specialists from ENT and Ophthalmology with their team were involved from KIMS, Mangaluru.

During the camp 190 and 87 beneficiaries were screened and advised in Ophthalmology & ENT, by Dr. Badrinath Talwar and Dr.Ashok Kumar with their team; respectively. Free blood examinations of CBC, LFT, RFT and HbA1c were also done for 60 employees, which was coordinated by Dr.Taqiya Nuzhath and a team of lab technicians. The reports were communicated through WhatsApp with IT support. Overall camp conduction was coordinated by Dr. Chethana K from Community Medicine and Mr. Rasheed, PRO.

The heath camp was well planned and organised. The CEO of D.K. Zilla Panchayath, DHO and DSO of Dakshina Kannada, appreciated the team for their active participation and support.

Report on the Psychology of RRR (Remaining relatively relaxed)



A two-day teacher training workshop on "The Psychology of RRR (Remaining Relatively Relaxed)" was held on May 16th-17th, 2025, in the CCA Hall. Miss Disharag Shetty, a distinguished counselling psychologist, expertly hosted the session, which began with a prayer and welcome address. Principal Mrs. Karen D'Souza warmly welcomed Miss Shetty with a floral tribute. Miss Shetty then shared valuable techniques for promoting emotional stability and professional grounding in the classroom.

The workshop highlighted key aspects, including the power of language (verbal and non-verbal body language), understanding cognitive functions and their

impact on behaviour, conversational hypnosis, creating positive vibes through conscious behaviour, and shaping behaviour through positive reinforcement. Engaging activities included practicing empathy, effective stress management, emotional balance strategies, and staying relaxed and focused in the classroom.

Through this workshop, teachers gained valuable insights and acquired tools to enhance their well-being, manage stress, and promote a positive classroom environment. The workshop provided lasting benefits for daily life and classroom management, ultimately benefiting both educators and students.

WORLD HEALTH DAY QUIZ, 2025 Theme: Yes! We Can End TB: Commit, Invest, Deliver



The Department of Community Medicine at Kanachur Institute of Medical Sciences organized a quiz competition in collaboration with Indian Association of Preventive and Social Medicine (IAPSM) in observance of World Health Day 2025. The preliminary round, was held on April 04, 2025, saw enthusiastic participation from 34 teams, each consisting of three members. The final round, featuring four teams, took place on April 07, 2025, conducted meticulously by Dr. Fathma Kalam, Senior Resident and Dr. Farzana Ummer, Senior Resident of Department of Community Medicine. The students displayed great enthusiasm and competitiveness, making the event both engaging and educational. The winners were honored with prizes and certificates during a ceremony on April 07, 2025, presided over by Dr. Shahnavaz Manipady, Dean of KIMS, and Dr. Shahul Hameed, Head of the Department of Community Medicine. Additionally, the

first prize-winning team proudly will represent Kanachur Institute of Medical Sciences at the state level Quiz Competition hosted by the IAPSM association, and the dates will be announced shortly. This initiative helped raise awareness about World Health Day while encouraging active participation and learning.

Brief report of Camp Conducted by FOGSI AND P&G HEALTH

in association with the Department of OBG



The Department of Obstetrics and Gynaecology organized a Free Anemia Camp in association with FOGSI and P&G Health from 9.00 am to 1.00 pm on 19-06-2025. Health education regarding anemia, Blood Investigations Hb% and TSH was done for 45 patients.

Dr. Apeksha Upadhyaya, Assistant Professor of Kanachur Institute of Medical Sciences gave a Lecture on "One Voice,12 Hb Rise" Dr. Dipika Kamath welcomed and thanked the Audiences Around 100 people attended the function.

Cardiology Report

The Department of Pediatrics at Kanachur Institute of Medical Sciences, Mangalore conducted continued medical education (CME) and Workshop in Pediatric



Cardiology named "Paediatric Cardiology CME and Workshop - 2025" under the leadership of honourable chairman Dr Haji U.K. Monu and Director Mr. Abdul Rahiman on June 13th and 14th, 2025.

Dr Oneil Fernandez, Head of the Department of Pediatrics was the Organizing chairman and Dr Chetan S Tandel was the organising secretary. This was first of a kind of CME in Kanachur Institute of Medical Sciences, solely covering major topics of the pediatric subspeciality - Pediatric Cardiology.

On Friday (13-06-2025), Dr. Manish Rai conducted the workshop on ECG followed by Dr. Akkatai on Chest Xrays in Paediatric Cardiology. Both were held in Kanachur Institute of Medical Sciences Drome Hall followed by Lunch. For Afternoon workshop Session, the delegates were transferred to AJ Hospital Research Centre where 2D ECHO Workshop was conducted

jointly by Dr. Prem Alva and Dr. Akkatai.

Saturday (14-06-2025) the CME was inaugurated. The speakers for the CME were Dr. Krishna Kumar from Amritha Institute, Kochi, Dr. Sejal Shah from Bangalore, Dr. Akkatai from Manipal, Dr. Maneesh Rai from KMC hospital, Mangalore, and Dr. Prem Alva from A J Institute, Dr. Shamshad A Khan from Kanachur Institute of Medical Sciences.

The CME started with the talk by Dr Shamshad A Khan on "Kawasaki disease", followed by a talk by Dr. Krishna Kumar on RHD in India, "Where are we today, Road a head", next talk was by Dr. Maneesh Rai on "Approach to syncope" then followed by "Role of Paediatrician in antenatally diagnosed CHD".

The inaugural function included the welcome speech by Dr. Varsha, Consultant in Pediatrics. The function was presided by Dr. Haji U.K Monu, Chairman- KIET, Mr. Abdul Rahiman, Dr. M.V. Prabhu, Dr. Shahnavaz Manipady, Dr. Anjan Kumar A N and Dr. Rohan Monis. The patrons acknowledged the enthusiasm of the organising committee for conducting such interesting academic activities.

The inaugural function was followed by the keynote address by Dr. Krishna Kumar on Building a world class Paediatric Cardiac Programme with limited Resource settings. Dr. Sejal Shah gave a talk Pulmonary hypertension and increase pulmonary resistance what is the difference what do we know - which was a very interacting and interesting session for the undergraduate and post-graduate students who atended. This was followed by lunch.

Lamp Lighting Ceremony of 9th Batch of B.Sc Nursing Students



The Lamp Lighting Ceremony for the 9th batch of BSc Nursing students at Kanachur College of Nursing

Sciences was held with great reverence and solemnity on 17th May 2025 at the Kanachur Conference Drome. The event marked a significant milestone in the professional journey of 146 budding nurses, symbolizing their dedication to the noble and selfless profession of nursing.

The Chief Guest of the ceremony was Dr. Harsha Halahalli, Registrar, Nitte Deemed to be University. The Guest of Honour was Dr. Sr. Judy SIC, Principal, Father Muller Nursing College, Thumbay. The event was presided over by Dr. Haji U. K. Monu, Chairman, Kanachur Islamic Education Trust. The occasion was further graced by the esteemed presence of Mr. Abdul Rahiman, Director, Kanachur Institute of Medical Sciences, Dr. Shahnavaz Manipady, Dean, Kanachur

Institute of Medical Sciences, and **Dr. Rohan Monis**, Chief Administrative Medical Officer. Theprogramme commenced with a warm **welcome address** by **Dr. Prof. Molly Saldanha**, Principal, Kanachur College of Nursing Sciences. **Prof. Ann Barnes** highlighted the **significance of the Lamp Lighting Ceremony**, emphasizing its historical and symbolic importance in the nursing profession, inspired by the legacy of Florence Nightingale.

The highlight of the event was the lamp lighting and oath-taking ceremony, during which 146 students lit their lamps and solemnly pledged their commitment to compassionate care and ethical practice, formally

stepping into the nursing profession. All the dignitaries appreciated the critical role of nurses in healthcare, encouraged the students to uphold integrity and compassion, and congratulated them on choosing such a noble career path. The event was conducted smoothly under the graceful compering of Mrs. Rashmi, Assistant Lecturer, who served as the Master of Ceremonies. The formal vote of thanks was proposed by Mrs. Rita Shalini, Assistant Professor. The Lamp Lighting Ceremony 2025 was a memorable and inspiring occasion that celebrated the students' transition into the nursing profession and reaffirmed the values of service, empathy, and dedication that define nursing.

International Nurses Day Celebration 2025



The Student Nurses Association of Kanachur College of Nursing Sciences successfully hosted a vibrant celebration of International Nurses Day on 12/05/2025, under the global theme "Our Nurses. Our Future. Caring for nurses strengthens economies."

The event kicked off on May 10 with a quiz competition and a "Pick and Speak" session, encouraging students to showcase their knowledge and public speaking skills. The celebrations concluded on May 12 at the Kanachur School Auditorium with a grand cultural program, presided over by Dr. Prof. Molly Saldanha, Principal. The inauguration began with the traditional lighting of the lamp before Florence Nightingale's portrait.

Mrs. Divya delivered an inspiring address on the role of nurses in healthcare, and the event was graced by Mrs. Jossy Paul, Nursing Superintendent of Kanachur Hospital and research Centre, along with staff nurses. Highlights included a theme-based fashion show, artistic performances, and prize-winning competitions.

The event successfully honoured the nursing profession while promoting unity and enthusiasm among students. The Student Nurses Association extends heartfelt thanks to all who contributed to making the celebration a memorable one.

Anti-Tobacco awareness program



On Friday, 20th June 2025, our school organized an Anti-Tobacco Awareness Program. Class X students presented a thought-provoking assembly program, highlighting the significance of staying tobacco-free. This was followed by an impactful oath-taking

ceremony, where students pledged to avoid tobacco. Principal, Mrs. Karen D'Souza, graced the event and provided valuable feedback, emphasizing the importance of anti-tobacco awareness among students.

ISAPS World Congress 2025(Attendance and Paper Presentation)



Dr. Mahamood Aseef, Consultant Plastic Surgeon at Kanachur Institute of Medical Sciences, Mangalore, participated in the prestigious ISAPS (International Society of Aesthetic Plastic Surgery) World Congress 2025, held at the Marina Bay Sands Convention Centre, Singapore, from June 18 to 21, 2025.

During the congress, Dr. Aseef presented a scientific paper titled: "Efficacy of Different Coverage Options for External Nasal Defects" The presentation was well-received and contributed to the ongoing global discourse on innovative reconstructive techniques in aesthetic plastic surgery.

Dr. Aseef's participation underscores the institute's commitment to academic excellence and international collaboration in the field of plastic and reconstructive surgery.

Physiocon 2025



Kanachur College of Physiotherapy Students Participated in National Inter-Collegiate Cultural Competition at Karnataka **Physiocon 2025** and Got First Prize in Solo Singing (Godwin Santhosh 4th Year Student) and 1stPrize Mine

Talk on Technological Advances in the Management of Diabetes Mellitus



The Department of General Medicine, Kanachur Institute of Medical Sciences, organised a Guest Lecture on Talk on "Technological Advances in the management of Diabetes Mellitus" by Dr. Suresh Baliga MD, MRCP, Director, East Alabama Endocrinology, P.C Associate Professor of Medicine, Mercer University, USA on 12/02/2025, Wednesday @KIMS Auditorium, Hospital Block, from 10AM to 11AM. Dr. Suresh Baliga dwelt extensively on the recent advances in the management of Diabetes Mellitus. Present on the occasion were Prof. Dr. Mohammed Ismail Hejamady, Prof. Dr. MV Prabhu, Prof. Dr. Shah Navaz Manipady,

Prof. Dr. Harish Shetty, Prof. Dr. B Devdas Rai, Dr. Rohan Monis and Dr. Anjan.

Department of OBG Brief Note -nova IVF Fertility Free Camp



The Department of Obstetrics and Gynaecology organized a Free Fertility Camp by Dr. Shaweez Faizi - Consultant at NOVA IVF Fertility in Association with OBG Department of Kanachur Hospital and Research Centre. There was around 36 Patients Participated in the Camp.

National Girl Child Day Brief Report



The Department of Obstetrics and Gynecology organized a programme on "National Girl Child Day" on 24th January 2025 headed by Dr. Rekhalatha Professor & HOD of Department of Obstetrics & Gynecology. This event was held to create public awareness as part of initiative by Ministry of woman & child development and Government of India to reduce female foeticide. The day aims to address the gender inequalities, challenges faced by girls and to highlight the importance of creating a supportive environment for their growth and development.

The Programme began with an introductory speech by Dr. Rekhalatha, enhancing the awareness about the rights,

education, health and empowerment of girls following which Dr. Jameela, Professor and Unit Chief of OBG Department distributed fruits to the mother who had delivered a Girl child on 24th January 2025.

The Programme was enlightened by the presence of Assistant Commissioner of Police, Mangalore Geetha D. Kulkarni, who addressed the importance of celebrating the birth of a girl child. Furthermore, she added the contributions of females in all aspects of life, which are often overlooked in our male-dominated society. This day serves as a reminder that we must work to remove all the barriers that a girl child experiences, not just on a national but also global level.

Observation of World Hypertension Day

by the Department of General Medicine Kims On 27.05.2025



World Hypertension Day 2025 was observed by the Department of General Medicine, KIMS @KIMS Auditorium from 10am to 11am on Tuesday, 27.05.2025. Prof. Dr. Sayid Mohammed Khilar, Cardiologist of KIMS delivered a lecture on Hypertension. He spoke elaborately on the various aspects of Hypertension, Prof. Dr. B Devdas Rai, Head of the Department of Medicine KIMS welcomed the gathering And spoke about World Hypertension Day. Also present on the occasion were Prof. Mohammed Ismail Hejamady Chairman KHSAC, Prof. Dr. MV Prabhu member KHSAC, Prof. Dr. Shah Navaz Dean KIMS and Dr. Anjan Kumar incharge MS, Dr. Preetham Senior Resident Department of General Medicine proposed to vote of thanks

Graduation Day Celebration 30th January 2025



Kanachur Preschool celebrated its Graduation Day on 30th January 2025, marking a proud milestone for 75 young graduates. Mrs. Lynette Dsouza, Principal of Kanachur Preschool, welcomed the gathering, followed by a floral welcome from Mrs. Karen Dsouza, Principal of Kanachur Public School.

The oath-taking ceremony, led by Afzal, instilled confidence in the students. The Director Mr. Abdul Rahiman presided over the event, sharing words of encouragement. The parent of Sruthi Kini expressed gratitude towards the school and faculty.

Distinguished guests, including Prof. U. T. Iqbal Ahmed and Mrs. Shahidha B.M., graced the occasion. The celebration concluded with a vibrant cultural program, leaving lasting memories for all.

Youth Red Cross Unit of Kanachur College of Nursing Sciences Conducts Training on Basic Life Support and First Aid



The Youth Red Cross (YRC) Unit of Kanachur College of Nursing Sciences successfully conducted a training session on Basic Life Support (BLS) and First Aid at the hospital auditorium, third floor, Kanachur Hospital and Research Centre. The program aimed to equip students of Kanachur Institute of Management and Sciences with essential life-saving skills to manage emergency situations effectively. The event was inaugurated by Dr. Ananth Prasad Rao, Pain Specialist and Associate Professor at Kanachur Institute of Medical Sciences. In his address, he emphasized the vital role of nurses and the importance of timely first aid. "A quick act of first aid can save many lives," he noted, urging the students to utilize this opportunity to develop both their skills and social commitment. He appreciated the YRC unit for organizing such a meaningful program.

Mr. Mohan Shetty K, Treasurer of the Indian Red Cross Society, Dakshina Kannada, attended as the Guest of Honour. He lauded the efforts of the YRC unit and motivated students to share their knowledge with the general public to help build a safer, more prepared society.

Mr. Abdul Rahiman, Director of Kanachur Institute of Medical Sciences, presided over the function and stressed the importance of providing hands-on training to non-healthcare professionals. "Even basic first aid knowledge can make a life-saving difference in emergencies," he said.

A symbolic inauguration was carried out by opening a First Aid Kit, highlighting the significance of the day's theme-preparedness and immediate action.

Dignitaries present on the dais included Dr. Rohan Monis, Chief Administrative Officer, Kanachur Hospital and Research Centre; Prof. Iqbal Ahamed UT, Principal, Kanachur Institute of Management and Sciences; Dr. Prof. Molly Saldanha, Principal, Kanachur College of Nursing Sciences and Chairman of the YRC Unit; and Mrs. Divya, Associate Professor and Secretary of the YRC Unit.

The program commenced with a welcome address by Mrs. Carol Karishma, Assistant Professor. The Significance of the Day was presented by Ms. Ashal Lobo, YRC member of the Institute, while the Vote of Thanks was delivered by Professor Sherin Joseph, Vice Principal. Ms. Vinisha Moras, YRC member of the Institute, anchored the event as the Master of Ceremony.

The program was organized by the YRC members of Kanachur College of Nursing Sciences, the training benefited around 190 students. The session proved to be a valuable learning experience and reflected the YRC unit's strong commitment to promoting healthcare awareness and social responsibility among youth.

World Environment Day



"Kanachur Public School marked World Environment Day on June 5, 2025, with enthusiasm. The event, presided over by the Principal and faculty members, aimed at promoting environmental awareness and sustainability. Students and science teachers actively participated in planting saplings under the guidance of the Eco Club